



11th THF CHOI YOUNG SEOK CUP
 RSU INTERNATIONAL TAEKWONDO CHAMPIONSHIP 2024
 (February 3-4, 2024) / Bangkok, Thailand
 Official Outline



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PROMOTER: Dr.Chatchai CHOI (Coach Chai)
(Head of Thailand Taekwondo Team)

Email: coach@tkd.or.th

DATE: February 3~4, 2024 (2 Days)

VENUE: Recreation Building, Rangsit University, Mueang Pathum Thani District,
Phatum Thani, Thailand. 12000

EVENT: 2 types of Competition (Kyorugi & Poomsae)

ONLINE REGISTRATION (Only foreigners)

- All foreigners' athletes and team officials must be registered in
<https://gmacscore.com/app.gmacscore.com/home/index.php?tourid=298>



DEADLINE: January 26, 2024 (18:00 Local Thailand Time)



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Classification of Competition

Kyorugi Competition	Recognized Poomsae Competition	
Youth 9-10 years (2015-2014) (Male/ Female)	Individual (Male/ Female) Pair (1 Male & 1 Female) Team (3 Male / 3 Female)	under 9 years (more the 2015)
Youth 11-12 years (2013-2012) (Male/ Female)		Youth 10-11 years (2013-2014)
Cadet 12-14 years (2012-2010) (Male/ Female)		Cadet 12-14 years (2010-2012)
Junior 15-17 years (2009-2007) (Male/ Female)		Junior 15-17 years (2007-2009)
Senior 18 years and older (Male/ Female)		Senior 18-30 years (1994-2006)

Award Presentation:

Kyorugi

1st Place:	Gold Medal(s) and certificate(s)
2nd Place:	Silver Medal(s) and certificate(s)
3 rd Place (2 persons):	Bronze Medal(s) and certificate(s)
Trophies MVP (Male/Female):	One (1) Male and One (1) Female Cadet One (1) Male and One (1) Female Junior One (1) Male and One (1) Female Senior

Poomsae

1st Place:	Gold Medal(s) and certificate(s)
2nd Place:	Silver Medal(s) and certificate(s)
3 rd Place and 4 th place:	Bronze Medal(s) and certificate(s)



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Trophies MVP Individual (Male/Female):	One (1) Male and One (1) Female Cadet One (1) Male and One (1) Female Junior One (1) Male and One (1) Female Senior
Trophies MVP Pair:	One (1) Cadet One (1) Junior One (1) Senior
Trophies MVP Team (Male/Female):	One (1) Male and One (1) Female Cadet One (1) Male and One (1) Female Junior One (1) Male and One (1) Female Senior

Competition Rule:

○ **Kyorugi:**

- WT Competition Rules & Interpretation as of January 27, 2023 shall be applied.
- The best of three (3) system shall be applied.
- Daedo Protector and Scoring System (PSS) will be used in Kyorugi competition.
- The OC will provide Daedo trunk PSS, head PSS and related items and equipment to the participating contestants. And All competitors should bring their own Safety Equipment. (Groin Guard, Forearm Guard, Sensing Socks, Gloves, Mouthpiece, etc.)
- Youth (9-10 Years) and Youth (11-12 Years) All Color Belt.
- Cadet, Junior and Senior DAN or POOM Only (Black Belt).

○ **Poomsae:** WT Poomsae Competition Rules & Interpretation as of May14, 2019 shall be applied.

Duration of Contest

○ **Kyorugi:** From the preliminaries to the finals - 1 minute 30 seconds x 3 rounds

Break time of Kyorugi: within 30sec

○ **Poomsae:** Individual, Pair, and Team competitions for up to 90 seconds.

Break time of Recognized Poomsae: within 30sec to 60sec / Exceeding the time, deduction shall be applied.



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METHODS OF COMPETITION

○ Kyorugi:

- Male / Female: (Respectively) Single elimination tournament system for each weight category.
- All competitors must wear WT officially approved Taekwondo uniform (Dobok)
- Competitors should bring their own Mandatory Safety Equipment

○ Poomsae:

- Cut-off System shall be applied to the Poomsae Competition.
- In case of an insufficient number of Competitors in each category, a demonstration shall be carried out.
- Individual, Pair and Team Competitors should be wearing either WT-recognized Poomsae uniform (Dobok)

WEIGH-IN (Kyorugi)

- Weigh-in of the Competitors shall be completed on the previous day before the pertinent competition. (Time and location will be noticed later)
- The competitors participating in Under 11, Cadet and Junior categories must be weighed with underwear(s) and 100 grams will be allowed to compensate.
- During weigh-in the Male contestant shall wear underpants and the female contestant shall wear underpants and a brassiere. However, weigh-in may be conducted in the nude if the contestant wishes to do so.
- Weigh-in shall be made once, however, in case of under or exceeding, one more chance will be given within the weigh-in time.
- All competitors should bring their AD cards when they weigh-in, otherwise disqualification.



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OTHERS

- The above is subject to change in the Head of Team meeting.
- All officials including the Head and coaches of each team must complete the registration as officials and hold an AD card to enter the stadium.
- If the competitor is called 3 times 30 minutes before the start of the game and do not participate after declaring the participation, the competitor will be disqualified.

REGISTRATION

ENTRY FEES:

- KYORUGI / POOMSAE (Individual): US \$30
- POOMSAE (Pair): US \$50 per Pair
- POOMSAE (Team): US \$80 per Team

- ❖ In case of participation in both Kyorugi and Poomsae, US \$60
- ❖ All officials are exempt from their entry fees.
- ❖ Entry fee cannot be refunded for any reason.
- ❖ Entry fee must be paid in US dollars only in cash at the registration center before issuing AD card.

Deadline: Entry deadline period is January 26, 18:00 Local Thailand time. Entry submission after this date will not be accepted under any circumstances.



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KYORUGI (Individual)

Youth 9-10 years (2015-2014) – PSS Protector (DAEDO)

Men's division & Women's division	
Under 23 Kg	Not exceeding 23 Kg
Under 25 Kg	Over 23 Kg & Not exceeding 25 Kg
Under 28 Kg	Over 25 Kg & Not exceeding 28Kg
Under 31 Kg	Over 28 Kg & Not exceeding 31 Kg
Under 35 Kg	Over 31 Kg & Not exceeding 35 Kg
Under 39 Kg	Over 35 Kg & Not exceeding 39 Kg
Over 39 Kg	Over 39 Kg

Youth 11-12 years (2013-2012) – PSS Protector (DAEDO)

Men's division & Women's division	
Under 25 Kg	Not exceeding 25 Kg
Under 29 Kg	Over 25 Kg & Not exceeding 29 Kg
Under 32 Kg	Over 29 Kg & Not exceeding 32 Kg
Under 35 Kg	Over 32 Kg & Not exceeding 35 Kg
Under 38 Kg	Over 35 Kg & Not exceeding 38 Kg
Under 41 Kg	Over 38 Kg & Not exceeding 41 Kg
Under 43 Kg	Over 41 Kg & Not exceeding 43 Kg
Under 45 Kg	Over 43 Kg & Not exceeding 45 Kg
Over 45 Kg	Over 45 Kg



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Cadet 12-14 years (2012-2010) – PSS Protector (DAEDO)

Men's division		Women's division	
Under 33 Kg	Not exceeding 33 Kg	Under 29 Kg	Not exceeding 29 Kg
Under 37 Kg	Over 33 Kg & Not exceeding 37 Kg	Under 33 Kg	Over 29 Kg & Not exceeding 33 Kg
Under 41 Kg	Over 37 Kg & Not exceeding 41Kg	Under 37 Kg	Over 33 Kg & Not exceeding 37 Kg
Under 45 Kg	Over 41 Kg & Not exceeding 45 Kg	Under 41 Kg	Over 37 Kg & Not exceeding 41 Kg
Under 49 Kg	Over 45 Kg & Not exceeding 49 Kg	Under 44 Kg	Over 41 Kg & Not exceeding 44 Kg
Under 53 Kg	Over 49 Kg & Not exceeding 53 Kg	Under 47 Kg	Over 44 Kg & Not exceeding 47 Kg
Under 57 Kg	Over 53 Kg & Not exceeding 57 Kg	Under 51 Kg	Over 47 Kg & Not exceeding 51 Kg
Under 61 Kg	Over 57 Kg & Not exceeding 61 Kg	Under 55 Kg	Over 51 Kg & Not exceeding 55 Kg
Under 65 Kg	Over 61 Kg & Not exceeding 65 Kg	Under 59 Kg	Over 55 Kg & Not exceeding 59 Kg
Over 65 Kg	Over 65 Kg	Over 59 Kg	Over 59 Kg

Junior 15-17 years (2009-2007) – PSS Protector (DAEDO)

Men's division		Women's division	
Under 45 Kg	Not exceeding 45Kg	Under 42 Kg	Not exceeding 42 Kg
Under 48 Kg	Over 45 Kg & Not exceeding 48 Kg	Under 44 Kg	Over 42 Kg & Not exceeding 44 Kg
Under 51 Kg	Over 48 Kg & Not exceeding 51Kg	Under 46 Kg	Over 44 Kg & Not exceeding 46 Kg
Under 55 Kg	Over 51 Kg & Not exceeding 55 Kg	Under 49 Kg	Over 46 Kg & Not exceeding 49 Kg
Under 59 Kg	Over 55 Kg & Not exceeding 59 Kg	Under 52 Kg	Over 49 Kg & Not exceeding 52 Kg
Under 63 Kg	Over 59 Kg & Not exceeding 63 Kg	Under 55 Kg	Over 52 Kg & Not exceeding 55 Kg
Under 68 Kg	Over 63 Kg & Not exceeding 68 Kg	Under 59 Kg	Over 55 Kg & Not exceeding 59 Kg
Under 73 Kg	Over 68 Kg & Not exceeding 73 Kg	Under 63 Kg	Over 59 Kg & Not exceeding 63 Kg
Under 78 Kg	Over 73 Kg & Not exceeding 78 Kg	Under 68 Kg	Over 63 Kg & Not exceeding 68 Kg
Over 78 Kg	Over 78 Kg	Over 68 Kg	Over 68 Kg



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Senior 18+ years (2006 or before) – PSS Protector (DAEDO)

Men's division		Women's division	
Under 54 Kg	Not exceeding 54 Kg	Under 46 Kg	Not exceeding 46 Kg
Under 58 Kg	Over 54 Kg & Not exceeding 58 Kg	Under 49 Kg	Over 46 Kg & Not exceeding 49 Kg
Under 63 Kg	Over 58 Kg & Not exceeding 63 Kg	Under 53 Kg	Over 49 Kg & Not exceeding 53 Kg
Under 68 Kg	Over 63 Kg & Not exceeding 68 Kg	Under 57 Kg	Over 53 Kg & Not exceeding 57 Kg
Under 74 Kg	Over 68 Kg & Not exceeding 74 Kg	Under 62 Kg	Over 57 Kg & Not exceeding 62 Kg
Under 80 Kg	Over 74 Kg & Not exceeding 80 Kg	Under 67 Kg	Over 62 Kg & Not exceeding 67 Kg
Under 87 Kg	Over 80 Kg & Not exceeding 87 Kg	Under 73 Kg	Over 67 Kg & Not exceeding 73 Kg
Over 87 Kg	Over 87 Kg	Over 73 Kg	Over 73 Kg

Poomsae

Designated Compulsory Poomsae: Two (2) Poomsae from Designated Compulsory Poomsae decided for each division must be performed for all the preliminarily for all competition. Compulsory Poomsae to be assigned for each division shall be decided at the time of drawing of lots by Technical Delegate.

Competition	Division	Compulsory Poomsae
Individual 1 Male or 1 Female	under 9 years (more the 2015)	Taegeuk 2,3,4,5,6,7 Jang, Koryo
	Youth 10-11 years (2013-2014)	Taegeuk 3,4,5,6,7,8 Jang, Koryo,Keumgang
	Cadet 12-14 years (2010-2012)	Taegeuk 4,5,6,7,8 Jang, Koryo,Keumgang
	Junior 15-17 years (2007-2009)	Taegeuk 4,5,6,7,8 Jang, Koryo,Keumgang, Taebak
	Senior 18-30 years (1994-2006)	Taegeuk 6,7,8 Jang, Koryo,Keumgang, Taebak, Pyongwon, Shipjin



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Pair 1 Male & 1 Female	under 9 years (more the 2015)	Taegeuk 2,3,4,5,6,7 Jang, Koryo
	Youth 10-11 years (2013-2014)	Taegeuk 3,4,5,6,7,8 Jang, Koryo,Keumgang
	Cadet 12-14 years (2010-2012)	Taegeuk 4,5,6,7,8 Jang, Koryo,Keumgang
	Junior 15-17 years (2007-2009)	Taegeuk 4,5,6,7,8 Jang, Koryo,Keumgang, Taeback
	Senior 18-30 years (1994-2006)	Taegeuk 6,7,8 Jang, Koryo,Keumgang, Taeback, Pyongwon, Shipjin
Team 3 Male or 3 Female	under 9 years (more the 2015)	Taegeuk 2,3,4,5,6,7 Jang, Koryo
	Youth 10-11 years (2013-2014)	Taegeuk 3,4,5,6,7,8 Jang, Koryo,Keumgang
	Cadet 12-14 years (2010-2012)	Taegeuk 4,5,6,7,8 Jang, Koryo,Keumgang
	Junior 15-17 years (2007-2009)	Taegeuk 4,5,6,7,8 Jang, Koryo,Keumgang, Taeback
	Senior 18-30 years (1994-2006)	Taegeuk 6,7,8 Jang, Koryo,Keumgang, Taeback, Pyongwon, Shipjin

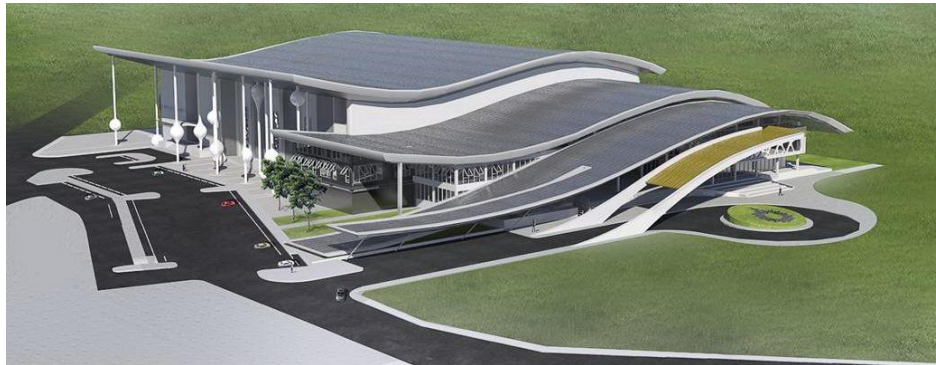


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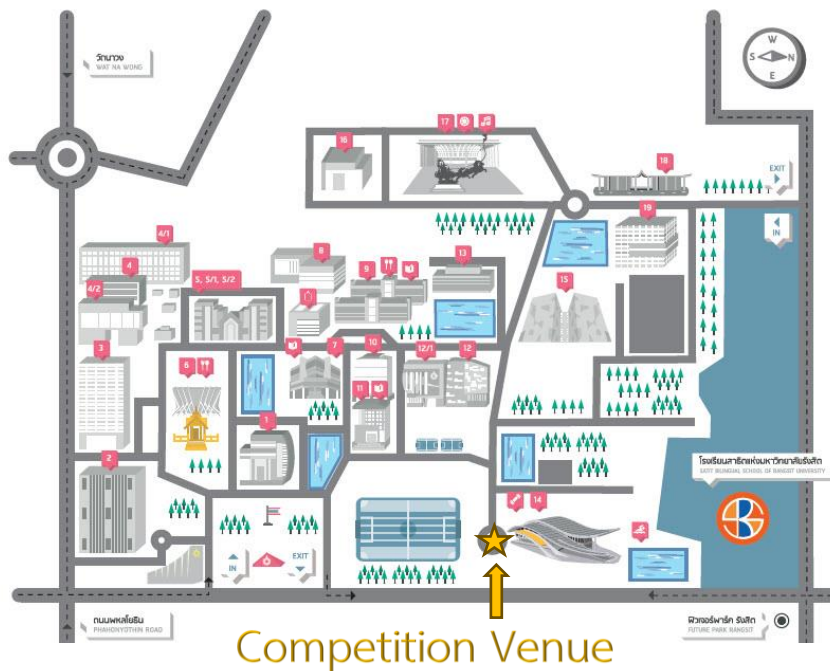


Location

Recreation Building, Rangsit University, Mueang Pathum Thani District,
Pathum Thani, Thailand. 12000



RSU แผนที่ภายในมหาวิทยาลัยรังสิต
RSU MAP



Map: Recreation Building, Rangsit University



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TIMETABLE

(SUBJECT TO CHANGE)

Date	Time	Event	Place
Feb. 2	16:00 – 17:00	Head of Team Meeting	Rangsit University
	17:00 – 20:00	General Weight-in for Youth (9-10 Years) & Cadet (12-14 Years)	Rangsit University
Feb. 3	9:00 – 12:00	All Poomsae competition & Kyorugi Youth (9-10 Years) & Cadet (12-14 Years)	Rangsit University
	12:00 – 13:00	Opening Ceremony	Rangsit University
	13:00 – 18:00	Kyorugi Youth (9-10 Years) & Cadet (12-14 Years)	Rangsit University
	15:00 -18:00	General Weight-in for Youth (11-12 Years) Junior (15-17 Years) & Senior (18+ Years)	Rangsit University
Feb. 4	9:00 – 12:00	Youth (11-12 Years), Junior (15-17 Years) & Senior (18+ Years)	Rangsit University
	12:00 – 13:00	Lunch break	
	13:00 – 18:00	Youth (11-12 Years), Junior (15-17 Years) & Senior (18+ Years)	Rangsit University